

# South Africa - Lending a hand:Developing a support structure for young migrants in South Africa and Uganda – in-depth interviews from South Africa (uMkhanyakude District, KwaZulu-Natal Province)

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## Identification

### SURVEY ID NUMBER

AHRI.LendingAHand.2025.v2

### TITLE

Lending a hand:Developing a support structure for young migrants in South Africa and Uganda - in-depth interviews from South Africa (uMkhanyakude District, KwaZulu-Natal Province)

### COUNTRY

Name	Country code
South Africa	ZA

### ABSTRACT

1. Our aim was to develop and test the acceptability and feasibility of a protective support structure for young migrants (aged 14-24 years old) in urban settings in Uganda and South Africa, as a means of early intervention to reduce the harm of patterns of risk behaviour associated with adolescent and young people's migration. Repeat in-depth interviews (two interviews each) 20 young people in each site were undertaken in months 16-21 of the study to collect narratives of their experience of daily life, including mobility and income earning experiences, and effective harm reduction support that they have benefitted from. Two interviews were conducted to enrich the generation of data and nurture trust as well as capturing change. These participants were purposely selected to provide information from males and females of different ages, and those who have or have not made use of the intervention.

For more, refer

1. Dlamini, N., S. Hlongwane, C. Herbst, M. Shahmanesh, N. Ngwenya, S. Bernays and J. Seeley (2025). "It felt like a weight was being taken off of my shoulders": findings from an intervention to support migrant adolescents and young people in KwaZulu-Natal, South Africa." *SSM-Mental Health*: 100449.
2. Ngwenya, N., S. Bernays, N. Dlamini, M. Shahmanesh and J. Seeley (2025). "Examining the resilience of mobile youth in KwaZulu-Natal, South Africa: a qualitative inquiry through the lens of protection and risk." *BMC Public Health* 25(1): 1499.

### KIND OF DATA

Survey data, Census/enumeration data, aggregate data, clinical data, event/transaction data, program source code, machine-readable text, administrative records data, experimental data, psychological test, textual data, coded documents, time budget diaries, observation data/ratings, process-produced data, etc. No description just a single phrase, e.g Genetic sequences

### UNIT OF ANALYSIS

Single interview transcripts

## Version

### VERSION DESCRIPTION

V2.0.0

## Scope

### TOPICS

Topic	Vocabulary	URI
Adolescent, Adolescents, Transients and migrants, Sexual health, South Africa, Africa	Africa Health Research Institute	www.ahri.org

### KEYWORDS

Keyword	Vocabulary	URI
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Migration, Adolescents, Sexual health, Intervention	Africa Health Research Institute	www.ahri.org
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## Coverage

### GEOGRAPHIC COVERAGE

AHRI's Population Intervention Programme Study Area (PIPSA) situated in uMkhanyakude district KwaZulu-Natal province which is approximately 200km north of Durban.

For more refer:

1. Dickman Gareta, Kathy Baisley, Thobeka Mngomezulu, Theresa Smit, Thandeka Khoza, Siyabonga Nxumalo, Jaco Dreyer, Sweetness Dube, Nomathamsanqa Majozi, Gregory Ording-Jespersion, Eugene Ehlers, Guy Harling, Maryam Shahmanesh, Mark Siedner, Willem Hanekom, Kobus Herbst, Cohort Profile Update: Africa Centre Demographic Information System (ACDIS) and population-based HIV survey, International Journal of Epidemiology, Volume 50, Issue 1, February 2021, Pages 33-34, <<https://doi.org/10.1093/ije/dyaa264>>

### UNIVERSE

Of the 283 participants who had been enrolled in the intervention, 20 were selected for in-depth interview. The 20 participants (11 males and 9 females) were interviewed in-depth twice.

## Producers and sponsors

### PRIMARY INVESTIGATORS

Name	Affiliation
Janet Seeley	AHRI/LSHTM
Nondumiso Dlamini	AHRI
Nothando Ngwenya	AHRI/UCL
Maryam Shahmanesh	AHRI/UCL
Sarah Bernays	University of Sydney

### PRODUCERS

Name	Abbreviation
Africa Health Research Institute	AHRI

### FUNDING AGENCY/SPONSOR

Name	Abbreviation	Role
Wellcome Trust	WT	Funder
UK Foreign and Commonwealth and Development Office (FCDO), the National Institute for Health Research (NIHR), UK Medical Research Council (MRC) Adolescent Health call 2018 grant	FCDO/NIHR/MRC	Funder

### OTHER IDENTIFICATIONS/ACKNOWLEDGMENTS

Name	Affiliation	Role
Carina Herbst	AHRI	Project management
Nontethelelelo Myeni	AHRI	Peer navigator
Zandile Nxumalo	AHRI	Peer navigator
Snenhlanhla Mathenjwa	AHRI	Peer navigator
Londiwe Myeni	AHRI	Peer navigator
Senamile Mathunjwa	AHRI	Peer navigator

Anita Edwards	AHRI	Social science head
Brendan Gilbert	AHRI	IT infrastructureead
Dickman Gareta	AHRI	Research Data management

## Sampling

### SAMPLING PROCEDURE

A stratified random sample was selected by a data manager at the Africa Health Research Institute, to include both males and females, participants of different ages, and those who had either utilized or not utilized the intervention services.

## Data collection

### DATES OF DATA COLLECTION

Start	End
2022-05-01	2022-10-31

## Data Processing

### DATA EDITING

The interviews were conducted in IsiZulu and were audio recorded, transcribed, and translated by research assistants who are native speakers of the IsiZulu language and fluent in English.

## Access policy

### ACCESS CONDITIONS

Due to the confidentiality agreement signed with participants to protect their privacy - the transcripts are not available for access outside of the Lending a Hand study team members. Access to the SharePoint by study team members will only be granted to the data user once the Data Custodian has approved the user data request.

### CITATION REQUIREMENTS

Seeley, J., Dlamini, N., Ngwenya, N., Shahmanesh, M., & Bernays, S. (2025). Lending a hand:Developing a support structure for young migrants in South Africa and Uganda - in-depth interviews from South Africa (uMkhanyakude District, KwaZulu-Natal Province) [Data set]. Africa Health Research Institute.  
DOI:<https://doi.org/10.23664/AHRI.LENDINGAHAND.2025>

## Metadata production

### DDI DOCUMENT ID

DDI.AHRI.LendingAHand.2025.v2

### PRODUCERS

Name	Abbreviation
Africa Health Research Institute	AHRI

## Data Dictionary

Data file	Cases	Variables
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## Download related resources

### Technical documents

#### DDI:Lending a Hand Translations

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Title	DDI:Lending a Hand Translations
Author(s)	Nompumelelo Mkwanazi
Date	15-05-2025
Country	South Africa
Language	English
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