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Overview

ABSTRACT

This survey was conducted to examine the association between hope, happiness, life satisfaction and risk behaviours in a sample of adolescents resident in the AHRI Demographic Surveillance Area (DSA). The survey includes age, gender, and a range of questions related to hope, happiness and life satisfaction. It also includes questions on whether respondents had ever used alcohol, dagga (cannabis), tik (methamphetamine), buttons (Mandrax), whoonga (heroin), ecstasy, or other drugs.

This survey was preceded and informed by a qualitative study involving key informant interviews and focus group discussions with adolescents regarding their conceptions of hope, happiness and life satisfaction. The Snyder Hope Scale was used as an exploratory starting point, but from the qualitative data it emerged that the Snyder Scale did not fully capture respondents' conceptualization of hope. We developed a new hope scale derived from the qualitative data. This included eight questions related to hope. The items aimed to address the issues raised in the qualitative work relating to hope and risk behaviour and included risk related to individuals not considering the future, i.e. living in the moment; hope providing a way to cope with current adversity, preventing risk behaviour; and hope related to a future orientation and an associated sense of control. These were scored in interviews using a Likert Scale.

Data from this survey were linked to data from the DSA on household and individual socio-economic characteristics (HSE data), including an index constructed from household asset ownership and the highest school grade attained.

KIND OF DATA

Survey data

UNITS OF ANALYSIS

Individual

Scope

NOTES

KEYWORDS

Emergent properties, Hope, Adolescent risk behavior, Socio-economic status.

Coverage

GEOGRAPHIC COVERAGE

The study was conducted at a site within the AHRI DSA. The DSA is located near the market town of Mtubatuba, 250 km north of Durban in UMkhanyakude, a sub-district of Hlabisa.

UNIVERSE

Eligibility was limited to a sub-region within the DSA. Adolescents aged 15-18 years were eligible for inclusion.

Producers and Sponsors

PRIMARY INVESTIGATOR(S)

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Chris Desmond	UKZN
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OTHER PRODUCER(S)

Name	Affiliation	Role
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OTHER ACKNOWLEDGEMENTS

Name	Affiliation	Role
AHRI Research Data Management Team	AHRI	Research Data Management
AHRI Data Collection Team	AHRI	Data Collection
AHRI Community Engagement Team	AHRI	Community Engagement

Metadata Production

METADATA PRODUCED BY

Name	Abbreviation	Affiliation	Role
Kate Rich	KTR	HSRC	Documentation of Study

Sampling

Sampling Procedure

Participants meeting the age inclusion criteria were randomly selected from the DSA database.

Data Collection

Data Collection Dates

Start	End	Cycle
2016-01-01	2017-09-01	AHRI

Time Periods

Start	End	Cycle
2016-01-01	2017-09-01	AHRI

Data Collection Notes

The guardians of eligible participants were approached at home and asked if they were willing to consent to the research team's request to interview the child (15-17) in their care. Children were then approached and asked if they would agree to be interviewed. Participants were interviewed at home.

For details of the collection of the household and individual socio-economic data, see the documentation for the HSE data available at: https://data.africacentre.ac.za/index.php/catalog/817. The 2016 HSE data was used.

Variable Name	Description	Format/Codes/Special values	Notes/comments
IIntld	Anonymized Individual ID	Numeric, range 48 to 206880	
ca_sex	Participant's Sex	1 Male 2 Female	
dob	Date Of Birth	Numeric daily date, range 01jul1998 to 26apr2002	
ca_age	Participant's Age	Numeric, range 15-18	
i_generally_feel_hopeful	I generally feel hopeful about my future	1 Strongly Disagree2 Disagree3 Neutral4 Agree5 Strongly Agree	
the_future_will_take_car	The future will take care of itself	1 Strongly Disagree2 Disagree3 Neutral4 Agree5 Strongly Agree	
having_hope_helps_me_cop	Having hope helps me cope with day-to-day challenges	1 Strongly Disagree2 Disagree3 Neutral4 Agree5 Strongly Agree	
i_have_set_long_term_goa	I have set long-term goals for my life	1 Strongly Disagree2 Disagree3 Neutral4 Agree5 Strongly Agree	
i_believe_that_if_i_work	I believe that if I work hard today, I can achieve my long term goals	1 Strongly Disagree 2 Disagree 3 Neutral 4 Agree 5 Strongly Agree	
i_am_confident_that_i_ca	I am confident that I can get the things that I hope for	1 Strongly Disagree2 Disagree3 Neutral4 Agree5 Strongly Agree	
it_is_easy_for_me_to_sti	It is easy for me to stick to my aims and accomplish my goals	1 Strongly Disagree2 Disagree3 Neutral4 Agree5 Strongly Agree	

i_am_confident_that_i_co	I am confident that I could deal efficiently with unexpected events	1 Strongly Disagree2 Disagree3 Neutral4 Agree5 Strongly Agree
a_young_people_in_general	Young people in general are in your community?	 1 Not Important 2 Slightly Important 3 Moderately Important 4 Very Important 5 Extremely Important
b_young_people_like_you_ar	Young people like you are in your community?	1 Not Important 2 Slightly Important 3 Moderately Important 4 Very Important 5 Extremely Important
c_young_people_in_general	Young people in general are in South Africa?	1 Not Important 2 Slightly Important 3 Moderately Important 4 Very Important 5 Extremely Important
d_young_people_like_you_ar	Young people like you are in South Africa?	 1 Not Important 2 Slightly Important 3 Moderately Important 4 Very Important 5 Extremely Important
e_you_are_in_your_communit	You are in your community?	1 Not Important 2 Slightly Important 3 Moderately Important 4 Very Important 5 Extremely Important
in_general_i_consider_my	In general, I consider myself:	1 Extremely unhappy 2 Unhappy 3 Neutral 4 Happy 5 Extremely Happy
compared_to_most_of_my_p	Compared to most of my peers, I consider myself:	1 Extremely unhappy 2 Unhappy 3 Neutral 4 Happy 5 Extremely Happy
thinking_about_the_last	Thinking about the last month, how would you describe your happiness	1 Extremely unhappy 2 Unhappy 3 Neutral 4 Happy 5 Extremely Happy
in_most_ways_my_life_is	In most ways my life is close to my ideal.	1 Strongly Disagree 2 Disagree

		3 Neither agree nor disagree4 Agree5 Strongly Agree	
the_conditions_of_my_lif	The conditions of my life are excellent.	 Strongly Disagree Disagree Neither agree nor disagree Agree Strongly Agree 	
i_am_satisfied_with_my_l	I am satisfied with my life.	1 Strongly Disagree2 Disagree3 Neither agree nor disagree4 Agree5 Strongly Agree	
so_far_i_have_gotten_the	So far I have gotten the important things I want in life.	 Strongly Disagree Disagree Neither agree nor disagree Agree Strongly Agree 	
if_i_could_live_my_life	If I could live my life over, I would change almost nothing.	 Strongly Disagree Disagree Neither agree nor disagree Agree Strongly Agree 	
ever_used_alcohol	Have you ever used Alcohol	0 No 1 Yes	
ever_used_dagga	Have you ever used Dagga (ZoI)	0 No 1 Yes	
ever_used_tik	Have you ever used Tik(Meth)	0 No 1 Yes	
ever_used_buttons	Have you ever used Buttons(Mandrax)	0 No 1 Yes	
ever_used_whoonga	Have you ever used Whoonga(Heroin)	0 No 1 Yes	
ever_used_ecstacy	Have you ever used E(Ecstacy)	0 No 1 Yes	
ever_used_other_drugs	Have you ever used other drugs	0 No 1 Yes	
HighestSchoolLevel	Highest School Level	 1 Never went to school 2 None 3 Less than one year 4 Grade 1 or Sub A/Class1 5 Grade 2 or Sub B/Class2 6 Grade 3 / Standard 1 7 Grade 4 / Standard 2 8 Grade 5 / Standard 3 9 Grade 6 / Standard 4 	From 2016 HSE Individual dataset.

		10 Grade 7 / Standard 5 11 Grade 8 / Standard 6 12 Grade 9 / Standard 7 13 Grade 10 / Standard 8 14 Grade 11 / Standard 9 15 Grade 12 / Standard 10	
DrinkWaterSource1	What is the most often used source of drinking water in the household	 1 Piped-Internal 2 Dam/stagnant water 3 Piped-yard tap 4 Well/non-borehole 5 Piped-public tap/kiosk(paid) 6 Protected spring 7 Piped-public tap/kiosk(free) 8 Water carrier or tanker 9 Borehole 10 Other 11 Rainwater 13 Flowing river/stream 	From 2016 HSE Household dataset.
ToiletType	What kind of toilet does the HH use	 1 Flush toilet 2 Other 3 Ventilation Improved Pit 4 Refused 5 Other pit latrine 6 Don't know 7 Bucket toilet 8 None 	From 2016 HSE Household dataset.
IsElectrified	Is this household connected to an electricity supply	1 Yes 2 No	From 2016 HSE Household dataset.
MainCookingFuel	What is the main fuel used for cooking	3 Electricity from grid 4 Electricity from Solar energy 5 Gas(LPG) 7 Wood	From 2016 HSE Household dataset.
BDN	Does the household have any of the following items in good working order	0 No 1 Yes	From 2016 HSE Household dataset.
BED	Doe HH have Bed	0 No 1 Yes	From 2016 HSE Household dataset.
BIC	Doe HH have Bicycle	0 No 1 Yes	From 2016 HSE Household dataset.
BLM	Doe HH have Blockmaker	0 No 1 Yes	From 2016 HSE Household dataset.
CAR	Doe HH have Car	0 No 1 Yes	From 2016 HSE Household dataset.
CBE	Doe HH have Car battery	0 No 1 Yes	From 2016 HSE Household dataset.
CTL	Doe HH have Cattle	0 No 1 Yes	From 2016 HSE Household dataset.

ECO	Doe HH have Electric cooker with oven	0 No 1 Yes	From 2016 HSE Household dataset.
EHP	Doe HH have Electric hotplate	0 No 1 Yes	From 2016 HSE Household dataset.
EKT	Doe HH have Electric kettle	0 No 1 Yes	From 2016 HSE Household dataset.
FRG	Doe HH have Fridge	0 No 1 Yes	From 2016 HSE Household dataset.
GCK	Doe HH have Gas cooker	0 No 1 Yes	From 2016 HSE Household dataset.
HSF	Doe HH have Hoe/Spade/Fork	0 No 1 Yes	From 2016 HSE Household dataset.
KLT	Doe HH have Kombi/Lorry/Tractor	0 No 1 Yes	From 2016 HSE Household dataset.
KTS	Doe HH have Kitchen sink	0 No 1 Yes	From 2016 HSE Household dataset.
MCS	Doe HH have Motorcycle	0 No 1 Yes	From 2016 HSE Household dataset.
OLS	Doe HH have Other livestock (i.e. not cattle)	0 No 1 Yes	From 2016 HSE Household dataset.
PMC	Doe HH have Primus cooker	0 No 1 Yes	From 2016 HSE Household dataset.
RAD	Doe HH have Radio	0 No 1 Yes	From 2016 HSE Household dataset.
SOF	Doe HH have Sofa	0 No 1 Yes	From 2016 HSE Household dataset.
SWM	Doe HH have Sewing machine	0 No 1 Yes	From 2016 HSE Household dataset.
TBC	Doe HH have Table & Chairs	0 No 1 Yes	From 2016 HSE Household dataset.
TLL	Doe HH have Telephone	0 No 1 Yes	From 2016 HSE Household dataset.
ТМВ	Doe HH have Cellphone	0 No 1 Yes	From 2016 HSE Household dataset.
TVS	Doe HH have TV	0 No 1 Yes	From 2016 HSE Household dataset.
VCR	Doe HH have Video	0 No 1 Yes	From 2016 HSE Household dataset.
WBR	Doe HH have Wheelbarrow	0 No 1 Yes	From 2016 HSE Household dataset.
AssetIndexQuintile	Asset Index Quintile	1 Poorest2 Poor3 Medium4 Rich5 Richest	From 2016 HSE Household dataset. Created using principal component analysis, using drinking water source, toilet

			type, electricity supply, main cooking fuel and all assets.
AssetIndex	Asset Index	Numeric, range -5.4324012 to 5.4735575.	Created using principal component analysis, using drinking water source, toilet type, electricity supply, main cooking fuel and all assets.